

THE MERIDIAN SWAVESEY



No. 180 October/November 2019

Swavesey Primary School PTA
invite you to attend their

FIREWORKS NIGHT

Friday 1st November 2019

Gates open at 5pm Display starts at 6.30pm

Adults £3

Child £2

BBQ, HOT & COLD
DRINKS, HOMEMADE
CAKES

Everyone welcome so please come and join us for a spectacular fireworks display!! Tickets available on the door!

Venue: Swavesey Primary School, Middlewatch, Swavesey

Parentkind
Member Association

Swavesey Community Warden Event



You are warmly invited to attend the
Age UK Cambridge and Peterborough
Swavesey Community Warden Event
At Bethel Baptist Church
On

Tuesday 15th October 2019
2pm until 4pm

Come and enjoy an afternoon of fun,
Entertainment and afternoon tea!!
This is a **FREE** event

To book your place and transport (if needed)
Please call
Tracey Booth on 07436102736

Age UK Cambridgeshire, 2 Victoria Street, Chatteris
Cambridgeshire PE16 6AP



Pre-Christmas Bazaar

Various stalls, Refreshments, Children's craft table, Raffle, Bottle Tombola B.B.Q (weather permitting) Hunt the Elf (sponsored by Stephanie's Care)

Where: Thistle Green Community Room, Swavesey

When: Saturday 9th November 2019

Time: 11.00 – 3.00

In aid of Crohns & Colitis Charity



Swavesey Community Warden Scheme

Support for independent living
Regular contact gives peace of mind
Extra support during times of need

Some examples of how the warden can help you:

- a listening ear
- making drinks and light meals
- watering plants
- feeding pets
- getting small items of shopping
 - collecting prescriptions
 - information and guidance

There is a small fee for the service which can be on a temporary or permanent basis according to need.

To contact the Community Warden
Call 07436 102 736

Age UK Cambridgeshire, 2 Victoria Street, Chatteris
Cambridgeshire PE16 6AP



EDITORIAL

180! Yes this issue is number 180 thanks to your support and your input keep it coming! and let us not forget our hardworking Meridian team.

Now you may have noticed we had a few gremlins affecting the last issue, despite careful proof reading some of them slipped through and then a few more presented themselves which we could not have anticipated! We have re-printed a couple of items that were mangled by the new software so if you get a sense of deja vu when you read this issue that is why! All is now well I am happy to report.

Looking ahead: The Art exhibition in October at Swavesey Village College is well worth a visit so much talent on show try to visit - it may inspire you to try yourself.

Community education classes will have just started by the time this issue comes out if you have not considered trying something new then maybe you should look at what is on offer.

Are you organising a fund raising event in December or January? let us know in good time so we can let everyone know remember posters can be displayed on the big noticeboard at the busway stop, just ask the editor to put one up for you - helps if you supply the poster! and these can be done at any time.

Deadline for December/January is **20th October**.

Editor

Cover Image - Harvest by Edwin Parish
 Inside Front Cover - PTA Fireworks
 Inside Back Cover - Advent Festival
 Back Cover - Art Exhibition

IN THIS ISSUE ...

Editorial	page 5
Meridian Committee	page 6
Major Events List	page 6
Dates for your diary and forthcoming events	page 7
Club Reports	page 8-14
Miscellany	page 15-25
"Where I Grew Up" articles	page 26-31
Medical News	page 33-34
School Information	page 36-41
Parish and County news	page 42-46
Churches	page 47-51
Community Groups & Charities table	page 53
Club Information	page 54-56
Advertiser	page 57-82
Extra Magazines, Major Events & Birthday forms	page 82-83
Useful Telephone Numbers	page 84

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Major Events List

This list is intended to avoid major events clashing on the same day. It will only work if we are advised of all such events, so please let us know as soon as you can confirm the details.

A form is available at the back of this magazine. We will list them in this section of the Magazine and also on our website at www.swaveseymeridian.org.uk

Thursday 10 October	Camera Club	Public Talk - 'Street Photography: Light and Life on the streets' by Damien Demolrer. Ticket only £10 (non-members) from Richard Harrison on 01954 203062
Saturday 12 October	Swavesey Village College	Cambridge Open Art Exhibition - 10am - 5pm at Swavesey Village College - Free Entry
Sunday 13 October	Swavesey Village College	Cambridge Open Art Exhibition - 10am - 4pm at Swavesey Village College - Free Entry
Monday 21 October	St Andrews Church	St Andrews Family Day 2 - 9pm - To celebrate the end of the building works and with thanks to the Heritage Lottery Fund
Saturday 9 November	Thistle Green Community	Pre-Christmas Bazaar at Thistle Green Community Room. Stalls, Refreshments, Childrens craft table etc.
Saturday 16 November	St Andrews Church	New Cambridge Singers concert
Saturday 16 November	Alison Martin	Swavesey Christmas Craft Market 10am-4.00pm in the Memorial Hall. Local Stallholders selling handmade gifts. Refreshments + Tombola - In aid of Over Day Centre. Alison Martin 01954 232063
Friday 22 November	St Andrews Church	"A Christmas Carol" Theatre performance
Saturday 30 November	St Andrews Church	Advent Craft Fayre and Christmas Tree Festival
Saturday 14 December	Swavesey Community Choir	Come and Carol - 7.30pm at St Andrews Church
Friday 17- Sunday 19 January 2020	RADSOC	Happy Ever After - Adventures in Pantoland. Info and tickets at swaveseyradsoc.org.uk



DATES FOR YOUR DIARY



October		
Thursday 3	Refuse Collection	Black Bin Collection
Wednesday 9	Swavesey & Over Conservation Society	Hanson-RSPB Wetland Project. Creating Ouse Fen. By Hannah Bernie From The RSPB
Thursday 10	Parish Council	Planning Meeting - 7.30pm, The Memorial Hall
Thursday 10	Camera Club	Public Talk - 'Street Photography: Light and Life on the streets' by Damien Demolrer. Ticket only £10 (non-members) from Richard Harrison on 01954 203062
Thursday 10	Refuse Collection	Green & Blue Bins
Saturday 12	Swavesey Village College	Cambridge Open Art Exhibition - 10am - 5pm at Swavesey Village College - Free Entry
Sunday 13	Swavesey Village College	Cambridge Open Art Exhibition - 10am - 4pm at Swavesey Village College - Free Entry
Tuesday 15	Community Warden	Swavesey community Warden Event. 2pm until 4pm at Bethel Baptist Church. Come and enjoy an afternoon of fun, entertainment and afternoon tea. FREE event
Thursday 17	Refuse Collection	Black Bin Collection
Monday 21	St Andrews Church	St Andrews Family Day 2 - 9pm - Celebrate the end of building works and thanks to Heritage Lottery Fund
Thursday 24	Refuse Collection	Green & Blue Bins
Monday 28	Parish Council	Full Council Meetings held at The Memorial Hall Commencing 7.30pm
Thursday 31	Refuse Collection	Black Bin Collection
November		
Friday 1	Swavesey Primary School	Fireworks Night - Gates open at 5pm display at 6.30pm. Adults £3 children £2. BBQ, hot & cold food,
Thursday 7	Refuse Collection	Green & Blue Bins
Saturday 9	Thistle Green Community	Pre-Christmas Bazaar at Thistle Green Community Room. Stalls, Refreshments, Childrens craft table etc.
Wednesday 13	Swavesey & Over Conservation Society	Namibia – A desert full of wildlife. A presentation by Neville Tait & Simon Shore
Thursday 14	Parish Council	Planning Meeting - 7.30pm, The Memorial Hall
Thursday 14	Refuse Collection	Black Bin Collection
Saturday 16	Parish Council	Full Council Meetings held at The Memorial Hall Commencing 7.30pm
Saturday 16	St Andrews Church	New Cambridge Singers concert
Saturday 16	Alison Martin 01954 232063	Swavesey Christmas Craft Market 10am - 4.00pm in the Memorial Hall. Local Stallholders selling handmade gifts. Refreshments + Tombola - In aid of Over Day Centre.
Thursday 21	Refuse Collection	Green & Blue Bins
Friday 22	St Andrews Church	"A Christmas Carol" Theatre performance
Monday 25	Parish Council	Full Council Meeting held at The Memorial Hall Commencing 7.30pm
Thursday 28	Refuse Collection	Black Bin Collection
Saturday 30	St Andrews Church	Advent Craft Fayre and Christmas Tree Festival

APOLOGY!

Some of you will have noticed that the last issue : number 179: had some mistakes both in the printed and the website versions.

This is, I am afraid down to our friend the computer! We needed to install some new software as the version we were using was no longer supported. However it was not a simple changeover and all kinds of problems cropped up. Most were picked up when we proof read but some slipped through so our apologies to anyone whose name was mis-spelt, phone number was wrong or had an advertisement missed out. We have been working on this and hope that it is now resolved.

Computers! don't you just love them!
Editor.

ARTICLES REPORTS ETC

Please send all your lovely articles reports etc. to a.r.martin@ntlworld.com or editor@swaveseymeridian.org.uk. This way they go to the right place first time, less risk of them getting lost or not arriving as they will be going to two separate addresses.. And 500 words please maximum or 300 if there is a usable photo- you would be amazed at how much space we need each issue for just the village news ! If your item is something special then we can allow extra space but please warn us in advance.

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Telephone or text: 07786061457
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CLUB REPORTS

Gary Peet back in charge of Spartans

It is ten years since I last chaired Swavesey Spartans and when I was asked to help out again for the next season, I was struck by how much the club has grown. It has the largest membership of all the clubs and societies in our village, with sixteen teams of children and young people playing football at various locations around our village; it's great to see that the village green is being used again.

The girls section has gone from strength to strength, which has led to a ladies team being formed this season and we are looking for players, so ladies, whatever your age or ability please don't hesitate to contact either of the managers David Collier 07399 604749 or Jon Askew 07966 915775 if you fancy getting your boots on again.

I'm also happy to confirm that a new team for under 6's and under 7's recently started in September 2019, with Kim Hattingh agreeing to start running taster training sessions for year 1 and 2 boys and girls.

Please contact Kim on 07525028734 or email swavesey.secretary@gmail.com for more details. We will also be posting more details on our Facebook page, swavesey spartans fc. I'd like to wish all Spartans teams, players, coaches and parents good luck for the forthcoming season.

Gary Peet, Chairman Swavesey Spartans

Cottages from Railway Carriages after the Great War (15 October; Swavesey & District History Society)

Year after year our programme contains a wide variety of expert speakers and interesting local subjects. Earlier in 2019 the topics included –

- Murder, sex and mayhem.
- Latest finds at Northstowe.

The History Society meets at 7.30 p.m. on the third Tuesday of the month in The Global Environment Centre at Swavesey Village College – through the main entrance then 30 metres along the corridor to the right. No need to book so you are welcome to just walk in. If you want further information contact our Secretary, Carolyn Redmayne, on 01954 230037.

The new season started earlier, on Tuesday 17 September, with an excellent talk by Linda Wayman on "The girl who was never sent to school: My mother's story". Next, Janet Morris will talk about railway carriages. Further topics will include the history of Marshall's airport, the inns and outs of pub names and Victorian and Edwardian postcards.

NO TIME TO WASTE

By now the clocks will have gone back for the winter; we hope we will have plenty to enliven your dark evenings up to Christmas. With luck you might receive your magazine in time to come along for our Members' Evening on Oct 3rd, when we ourselves talk about our photographic obsessions, and pass on helpful advice.

However you will be just in time to buy a ticket for our most prestigious event of the year when the prominent UK photographic journalist, Damien Demolder, will present 'Light and Life on the Streets.' Many of you might share our great interest in Street Photography, how not when Cambridge provides us with such a wide variety of unusual subjects. If this is something that you enjoy, tickets are available from our President, Richard Harrison, on 01954 203062.

Very conveniently, our Set Subject on Oct. 31st is 'In the Street.'

As the college is closed twice this term (Oct 24th and Nov 7th) we have fewer meetings than usual, but we still have two more important internal competitions, the Monochrome Trophy and the Joe Sipos Trophy for Colour Prints on Oct 17th and Nov 21st respectively. Our only Inter-club Battle is on Nov 14th with our old rivals, Shillington and District camera Club. We have another Members' Night on Nov 28th.

Maybe it is not too soon to tell you of another evening when you might like to come along, especially you budding sports photographers, a skill which seems to be growing in popularity. We have a professional, Stephen Williams, coming on Dec 5th to give us his talk on 'Athletics to Weightlifting' teaching us the best way to catch all the action. All we have left then is our Christmas Social (the Presidents Evening) and then our Christmas break.

Hope to see you all on Oct 31st.

P.S. Don't forget your camera on Bonfire Night.

Mo Hadfield
Swavesey Camera Club
www.swaveseycameraclub.co.uk

WI News

Dates for your Diary.	
October 14 th	Chicken Wire Demonstration by Will Ashley-Norman.
November 11 th	A Cambridge Blue Badge. Talk by Peter Haines.
December 9 th	Making a Chelsea Stand. Talk by Tim Wreghitt.

In August our members enjoyed a delightful Summer Party in the garden of Sue Ellington. Wine, delicious food, music and a good attendance made for a very sociable evening.

We meet monthly, on the second Monday of the month in the Memorial last Hall at 7.30pm. As you can see from our programme above we have good speakers visiting us this Autumn. Come along and join us. You will be made very welcome. Give Deirdre a call 01954 230897 for further details.

Also, visit Compass Cafe and every second Thursday, our WI are serving delicious homemade cakes and fresh coffee

STOP PRESS!.....Saturday October 26th, WI Coffee Morning, 10.30 a.m. Look out for our posters in the village for more details.....

Recipes from the WI Kitchen Savoury Parsnip Cakes

4 tbs self-raising flour
4 medium parsnips, cooked and mashed
1 beaten egg
Seasoning to include freshly ground pepper
40g/1½ozs butter, for frying.

1. Mix everything together and turn onto a floured pastry board.
2. Make into small cakes.
3. Melt butter and fry cakes until golden brown.
4. Can be served hot immediately or put into freezer and cooked when needed.

Especially good with lamb or pork

Seasons of mists and mellow fruitfulness

Keats's ode to Autumn describes the transition from summer into winter and is another important period in the life of an allotment.

The months of August, September and October are the peak cropping time on the allotment when a lot of the hard work, digging, planting, weeding and watering come to fruition. True many of us try to have a variety of crops that will produce all year round but it is the time when there is an abundance of fresh fruit and vegetables.

Starting with soft fruit, beans, peas and courgettes, followed by onions and sweetcorn, then squashes, main crop potatoes and carrots.

Potatoes, onions, garlic, carrots and squashes can be stored in a cool, dry, clean shed and if done properly could last through until next March and beyond. That relatively modern invention of the freezer takes care of peas, beans, sweetcorn and soft fruit but many of our plot holders will make jams, pickles and an increasing production of flavoured gins and vodkas.

Even so many had enough left over to sell in August at the Compass Cafe and in September on site to local residents at very reasonable prices. We are grateful to the support people of Swavesey give us at these events and all profits are ploughed back into the association to ensure the high quality of the site, acknowledged by many as one of the best in the area.

After the cropping, preparation for the winter should begin in earnest and clearing spent vegetation is important. Composting is the preferred option but some thick stems will take a few years to break down unless in the procession of a shredder. We are unable to have bonfires on site so diseased vegetation is usually taken away and put in the green bins.

And finally comes the Autumn dig. Digging in Autumn is much the better option as it opens the soil to the winter elements. At the same time a dressing of manure, horse and cow usually available on site, can be applied. The following spring a quick fork over and we are ready to go again. Autumn dig is also a good time to remove those nasty weed roots such as dandelion, couch grass, thistle and bindweed.

September is also the month when the treasurer asks us to pay our annual rent. It's at this stage we find out who has decided to give up through lack of time, lack of interest or other reasons. At the moment we have a healthy waiting list but it is constantly being eroded so now is the time get your name down. Also in September we give out seed catalogues, supplied through the National Allotments Association they offer seeds at reduced prices, and plot holders can spend the winter evenings pouring over them deciding what worked well, what were failures and what to experiment with next summer



An update from Fen Drayton Lakes

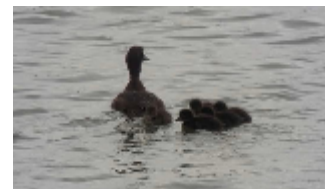
With the 2019 breeding season coming to an end, it's time to look back at a season of successes and notable absences.

To our great joy our pre-dawn bittern surveys back in April quickly picked up two booming males; one on Holywell and one on Elney. These two boomers kept going throughout April and into May, although we were unable to conclusively confirm if either had attracted a female to successfully breed. Whilst a pair of marsh harrier were seen on several occasions back in March and April, sadly they did not appear to build a nest this year. Nightingale were also absent this year, but we are busy planning some habitat management and creation work for the 2019-20 winter period to hopefully attract them back for next year. Turtle dove were once again present with the presumed same individual being heard in several spots around the main reserve.

Black-headed gull and common tern returned and made good use of our renovated tern rafts and newly fenced islands on Moore Lake and Ferry Mere with breeding numbers of both species up on last year. Two pairs of lesser black-backed gull, scarce breeders, also nested, one each on Moore Lake and Ferry Mere, fledging two young. Waders also had a better year than 2018 with lapwing successfully fledging four young on Ferry Mere, oystercatcher fledging two youngsters on Moore Lake and redshank fledging two more on Ferry Mere.

Away from our monitored species, waterfowl seemed to have a good year, as did the resident and migrant songbirds nesting in the hedgerows all around the reserve.

As we head into the autumn, we will be carrying out management work around the reserve to keep it in top condition for 2020.



Tufted duck family on Moore Lake - Simon Freedman

Visit [rspb.org.uk/fendraytonlakes](https://www.rspb.org.uk/fendraytonlakes)

The Royal Society for the Protection of Birds (RSPB) is a registered charity: England and Wales no. 207076, Scotland no. SC037654

Get involved....

Willow Weaving Workshops

Join us to learn how to use willow harvested at the reserve for weaving.

Sunday 8 Dec, 10am-4pm: Christmas decoration
Booking required

Stargazing

Join experts from the Cambridge Astronomical Association on a stargazing evening at the lakes.
Saturday, 12 Oct, 8.30-9.30pm.
Booking required

Wednesday Wander

Ever thought you'd like to know more about the reserve and its wildlife? Informal volunteer-led guided walks take place on the second Wednesday of every month.

There's no need to book and it only costs £3 for members and £4 for others.

Walkers meet at the main car park, leaving at 10:15am.

Volunteering

It's always nice to be met with a friendly face when arriving at the reserve and be offered information and family-friendly activities, such as pond dipping and minibeast hunting. If you'd like to find out about our visitor engagement work and other volunteering opportunities, please get in touch.

Email: fendraytonlakes@rspb.org.uk

Phone: 01954 233260

Houston, We Have Lift Off: Swavesey Speakers Club

We are now six months in: Swavesey Speakers Club regularly has around 10 to 15 people at each meeting. Members have enthusiastically taken on meeting roles and most have now completed at least one speech at the club. The first speech you do as part of the Toastmasters International education programme is called the Ice Breaker and it is an opportunity for new members to tell us something about themselves. We have heard about the travels of a journalist, reflections from a space engineer, childhood adventures and the importance of jelly babies as a motivational tool! The main objective is to get people talking in front of an audience to start to conquer their nerves and improve their communication skills. It takes time, effort and perseverance to get there but the Toastmasters programme works extremely well.

Venue is ideal: The meeting room at the Memorial Hall has proved very popular and is perfect for practising presenting skills. We are able to accommodate a range of layouts so members can set the room up to suit their project e.g. allow them to use a projector or if a member wants to film their speech we can set the room up for that...the latter is the stuff of nightmares but for some people it's merely a tool to help them improve! Occasionally, when the hall has not been available, we have been warmly welcomed at Bethel Baptist Church and the White Horse Inn, which has offered members the opportunity to speak in less familiar venues.

What's next?: Most members have now chosen a project to work on that will help them develop their skills. There are 11 of these projects or 'Paths'; some focus on planning and leadership skills, others on presentation mastery and humorous speaking. Over the next six months, we'd like to run presentation workshops and continue to help members develop their skills. It's also a fun way to spend an evening!

Want to get involved?: Feel free to drop in! We encourage people to come as a guest to ensure the club is for them and everyone who joins learns at their own pace. We can even assign a mentor if you need someone to help you make a start. We have a break during each meeting so you can chat with the members and we provide refreshments; usually tea, coffee and CHOCOLATE BISCUITS!!!

Visit us: We are a Toastmasters International (www.toastmasters.org) club that meets every 1st and 3rd Tuesday of the month. If that doesn't suit, we have another club nearby - Huntingdonshire Speakers - that meets on Wednesdays. If you are interested in either club, contact Faye on 07908 443610, swaveseyspeakers@gmail.com or visit www.swaveseyspeakers.toastmastersclubs.org.

MISCELLANY

Letter to the Editor

Dear Sir/Madam.

I was an orphan and lived at The Grange, Market Street, Swavesey when it was a children's care home, run by Cambridge County Council. I was a resident there from approximately 1953 to 1956.

I don't have many memories from that period apart from the sweet shop and a pond on Market Street. We never had any money, so could not go into the shop. I went to the infants school in the village and my memories from that period included the leaks The Grange had during rainy days, being sent to the dormitory and bed without any tea, for being over excited at seeing cup cakes on the table (they were such a rare treat) and touching them. Not sure now how many other children were resident there, as my memories are limited from that period of time.

I was eventually adopted by a couple from Cambridge and ended up living there till I joined the RAF in 1968. I had my own company from 1991 - 2017 and visited The Grange on business, which was then a building company head office around 2016. I remember sitting in the MD's office and saying to him. "I remember this room. I last sat in here 63 years ago". I then explained what it used to be.

I picked up The Meridian recently on a trip to Swavesey and of course couldn't help but drive by The Grange and remember my past. The Green and pond no longer there, but the sweet shop was. I had some money in my pocket on this visit, but by the time I got there it was closed. Oh well, there's always next time, although as I'm approaching 70 I best not leave as long this time.

Don't know if any of your readers can remember The Grange or fill in any gaps. Would love to hear if there was anyone that had any connection with the place.

I was put in the home because my mother had a rather colourful background. Bless her heart, she had 3 sons from 3 different fathers, and in her enthusiasm, forgot to ask the name of any of the fathers. Hence, when I did eventually meet her when I was in my 40's she was unable to give me any details of who my real father was. Shame really, as that has always been a difficult biscuit to eat! But hey ho, I reckon I'll meet him when I finally leave this place down here and go home upstairs to my everlasting home.

If anyone has any memories of The Grange I would be interested to hear from them. My email address is: ab.myson@gmail.com

Thanks for reading this far.

Good luck for the future and Meridian.

Kind regards

Alan

Swavesey Community Pavilion Cider and Gin Festival 2019

Where else would you expect me to start! This was the fourth annual Cider Festival at Swavesey and for the second year running we supplemented the ciders with a number of gins (16 to be exact) for those who favour the taste of the Juniper rather than apple or pear.

Local businesses fully supported the event, we managed to get an event sponsor – IT for Starters Ltd (they also sponsored the food). We also had a sponsor for the gin side of the festival – Beam Group Ltd. - All ciders and perries were individually sponsored by other local companies within the village and beyond. We cannot stress too much how grateful we are to all of them for their fantastic support.

From humble beginnings – our first festival featured eight ciders, we were now presenting 28 local ciders for our local community to sample. We first opened our doors on Thursday 18th July at 16:00 – at one stage we thought we might struggle to meet the official start time but we did manage to open on schedule eventually.



The event proved to be a massive success, we had great weather for three of the four days but were blighted by some typical British summer weather on the Friday evening, where it absolutely persisted down from about 6pm onwards - this did have an impact on the numbers attending, which was a bit of a shame, as this is usually our most popular session – however, we more than made up for it on the Saturday with a much better turn out. Although for a while we were a little apprehensive as up until about 2pm (two hours after we had opened) we had only sold a single half – the staff had consumed quite a bit more than that – all in the name of research, of course! This proved to be the calm before the storm, from that point on right up to 11pm we were kept on our toes – no time for putting your feet up, that was for sure.

It was great to get such positive feedback on the quality and range of the ciders and perries, similar comments also were passed regarding the number of different gins we had to offer.

Sunday, the final day of the festival and the numbers kept coming, our treasurer looked like the cat that had got the cream....

We closed our doors at about 10:30 on the Sunday evening with the dregs of three bottles of gin remaining and a few ciders for the working committee to enjoy at their mop up meeting.

I can safely say, this was the best festival we've organised yet, everything seemed to run like clockwork – next year's event is already starting to take shape, so we will definitely be doing it all again next summer – cheers.

FOOTNOTE:

All the beans have now been counted and we are delighted to report the festival has recorded a profit of £4,200, which is over £1,000 more than last year. These monies will allow us to carry out some extensive repairs to the pavilion – thank you again, to everybody who supported this event:- The sponsors, the customers and the volunteers who made it all happen. We are so lucky in Swavesey, to have such great community spirited residents - Thank you.

Jerry Ladell

The Over Players Pantomime 2019

Aladdin

The Over Players is your local amdram company and draws members from many villages including Over, Willingham, Bar Hill, Swavesey and Northstowe. Last year 900 people came to see our panto!

This year's panto Aladdin will be directed by Jack Stinton and we would love you to be involved. So if you want to give it a go either treading the boards or behind the scenes just email panto2019@overplayers.uk or visit our website for more information www.overplayers.uk. You will also find us on Facebook.

Key dates for your diary:

7th October: Box office opens 9 am! www.overplayers.uk

8th - 14th December: Final rehearsals and shows at Over Community Centre

Swavesey Festival 100 Club

Three winners each month receive £60 or £30 or £15.

To take part in this popular competition phone Gill Hurst 01954 200470. Latest winners are;



	£	July 2019	August 2019
First prize	60	Shirley Stokes	Selwyn Richardson
Second prize	30	Bamidele Amure	Richard Harrison
Third prize	15	Lisa Boyes	Jacqui Fuller

Colin Cleland

Our grandfather, Colin Cleland, was an ex-RAF serviceman, who served all over the globe, including Singapore, Bahrain and Germany. He also loved to go on driving holidays, and would regularly visit the continent with his three children and loving wife. Colin's keen sense of Scottish humour never failed to make people laugh. In his later years, Colin would tell us all stories about his time serving, including how, when in Bremen, the locals would believe that he was German thanks to his 'perfect' accent. His trademark shorts with no shirt combination always brought a smile to people's faces.

Cleland Cycling Memories:



After his diagnosis of Alzheimer's disease, Colin was forced to stop driving. This fact alone demonstrated the immediate impact Alzheimer's disease can have on people. Following this, the deterioration was slow for a few years. The most common symptom of Alzheimer's became increasingly apparent, with the forgetting of small things, such as where he'd put his keys, or his drink. As time progressed, it was clear that Colin needed more support that could be provided at his house; he began attending Over Day Centre, and later Field Lodge Care Home, where he would be able to receive the professional around-the-clock care that he required. During his time at Field Lodge, Colin was able to go on day trips, play games and chat to others all day. This is something which had a very positive impact on Colin, and removed some of the stress placed upon his family.

In memory of our grandfather, the three of us – Alex (24), Luke (21) and Calum Cleland (21) – have decided to push ourselves mentally and physically by cycling 660km Coast-to-Coast through the Pyrenees in the space of six days. We are all very motivated to complete this challenge, even though we know we will have to make lifestyle changes to facilitate the physiological changes required. During this ride, we will ascend up many well-known climbs through the Pyrenees. These climbs include some that the Tour de France ascend annually, such as the Col du Tourmalet.

We will be raising money for Alzheimer's Research UK, in the hope of helping to fund much needed research into the diagnosis, treatment and prevention of Alzheimer's disease. We also hope to raise awareness of Alzheimer's and the lesser known accompanying symptoms, including depression, as well as making people aware of ways to prepare and manage when a loved one is diagnosed.

Our JustGiving page: www.justgiving.com/fundraising/caluxchf
Our website: <https://caluxchf.wixsite.com/caluxchf>

"Colin was a valued member of The Meridian team for many years. Alzheimer's touches many lives so we are showing our support by donating £1000 – join us and help research into this devastating illness." Ed.



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Well , how did that happen?

By Sue Ellington

I had a phone call from my daughter Jenny last month. She said that her husband had bought a 1949 Ford Poplar (he likes old cars) which had been delivered. When he started to clean it out he found a small card which had been stuck in a crack in the boot. When he peeled it off he found it said:-

“Molly E.D. Barham.
with
Mr. and Mrs C.B. Ellington’s
Compliments.
22 Star Lane,
Ramsey
March 25th, 1933.”

Now Uncle Charlie Ellington was my husband’s uncle. That was his wedding day in 1933.

The question is : - how did a card from 1933 get into a car which was not made until 1949 and then found its way into my daughter’s garden?

On the strength of that coincidence I bought a raffle ticket and won £30!

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RAF Benevolent Fund launches new community scheme to help isolated RAF veterans

Caption: From left
Community Engagement Worker Matt Rowe, Cambridgeshire,
Sue Grogan, Norfolk, Graeme Spark, Lincolnshire and
Declan Geraghty, Suffolk.
Photo: RAF Benevolent Fund

Cambridgeshire, Norfolk, Suffolk and Lincolnshire have been selected as pilot locations for a new project aimed at supporting RAF veterans who face loneliness and isolation.

The RAF Benevolent Fund, the RAF's leading welfare charity, is launching a Community Engagement Worker scheme to help older RAF veterans get involved in their local communities. The scheme comes in response to research carried out by the Fund which highlighted these challenges as issues which most concern the older generation of RAF veterans.

Pete Ashcroft, Welfare Projects Manager at the RAF Benevolent Fund, said: "The Community Engagement Worker project is just one measure we have introduced to tackle the issue of loneliness and social isolation among older veterans. Other new initiatives include telephone friendship groups and group wellbeing breaks.

This year marks the RAF Benevolent Fund's centenary and we are asking the public to help us reach out to the members of the RAF Family who may have fallen off the radar and let them know, we are here to help. We want to ensure every RAF veteran, no matter how long they served, including National Service, receives the support their service to their country deserves. We want to get these people back onto the radar, and we aim to almost double the number of people we help – from 53,000 to at least 100,000 over the next three years".

The Community Engagement Workers will get to know the social activities, groups and associations across the four counties and work with individuals to understand what the barriers are to them becoming more socially engaged and help them to overcome that, from attending a veterans' breakfast meeting with someone for the first time, to establishing activities where none currently exist.

Matt Rowe, of Peterborough, will be taking on the Cambridgeshire Community Engagement Worker role. His career in the Royal Air Force means he knows the service well.

He said: "It has always been deeply humbling, the sacrifices that those who fought before us made and as an RAF veteran I have some insight into that.

"This is an opportunity of a lifetime, and I feel like I'm part of the RAF family again. Success in this job is going to be very different for each person. This is about individuals and what they need to feel part of the RAF Family, and the wider community again."

The pilot scheme will run for two years.

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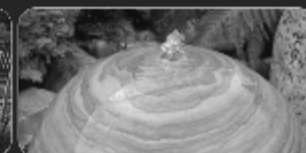


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Where I grew up. Southend-on-Sea

Southend on Sea, or Saarfend to refer to it as it should be known, Costa Del Southend. It is home to the longest pleasure pier In the world which stretches a mile and a quarter into the Thames estuary. From there you can view the beautiful Islands of Sheppey and Canvey and of course look back on the bright lights of the most vibrant costal town in the UK from Jamie (Oliver) and Jimmy's café which has been made famous over the last few years in their popular TV show. Home to over 200,000 people makes the town the 7th most densely populated area in the UK with diamond geezers and Essex girls crammed in everywhere.

Unlike many coastal towns, Southend's proximity to London has always seen it thrive when others have suffered. The re-development of the town's airport prior to the Olympics has seen over 1 million passengers come and go each year, transporting locals to the real Costa whilst also providing a much welcomed boost to the local economy as people arrive, seeking an authentic English seaside break - they currently can't build hotels quickly enough.

A look back through time will see people reminisce about the Kursaal one of the first theme parks in the UK, the infamous annual Airshow along the seafront, TOTS nightclub which was hugely popular from the 70's and where I perfected my infamous dance moves in the late 90's, not!!

Today you will still find traditional entertainments around town, including Sealife Adventure and Adventure Island (Britain's no.1 free-admission fun park) and a vibrant promenade including city beach and 7 miles of sandy, well shingly coastline where there's an array of beach side kiosks selling traditional seaside fare such as hot donuts, candy floss and of course the best fish and chips you'll ever eat.

For those looking for culture, The Beecroft Art Gallery, a brutalist hulk that conceals hidden treasures, including a landscape by local lad John Constable and in the basement, the veteran jazz trumpeter Digby Fairweather runs the National Jazz Archive, with monthly gigs amid an eclectic array of jazz curios. More contemporary Art can be found at Focal Point Gallery. Step into the half-timbered Tudor Southchurch Hall and 12th century Prittlewell Priory for an insight into the past. The central library and Belfairs woodland centre with acres of nature to discover are all within 10 minutes of the town centre.

Born in 1980, the backdrop to my house in a small village called Great Wakering was a lane that overlooked the barbed wire perimeter fence of Foulness Island, home to the MOD and their testing facility: loud bangs could often be heard as another shell was fired into the mud - wind surfers beware! Until I moved to Swavesey in 2015, Southend had been my home for 35 years. Like many, my working life post college was to jump on a train to the smoke and today over a 5th of the population commute every day to the City.

Whilst the world continues to evolve and recreate itself, Southend also seems to be doing just that, with surrounding areas such as Leigh on Sea which according to Rightmove is the happiest place to live in the UK. Clearly, they've not cast a vote in Swavesey just yet! It was once famously said that Southend has more restaurants per sq km than anywhere in the UK outside of London, so if you do intend to visit and need a recommendation my waistline will demonstrate that I can suggest a few.

If you've never been or not for a while, take the 1hr 40 min drive I once did twice a day, it's got no airs and graces, it doesn't take itself too seriously or pretend to be something it's not. You might just be pleasantly surprised.

Matt I, School Lane

WHERE I GREW UP

A Wild Welsh Childhood by Mo Hadfield, nee Griffiths

“Sex and Drugs and Rock and Roll and lots of it” is what our editorial panel is hoping for to make this series interesting. No chance, Selwyn. Nothing like that in North Wales when I was growing up.

It is the land of *Aled*, not *Tom Jones*. That stuff all happened in South Wales where it was reputedly straight to the pub on Friday payday. In North Wales you saved your money up to buy a car, and to send your children to Teachers' Training College.

We lived in a village on a hill, in a house inherited from my father's parents. Built in 1834 from local stone, it had large rooms with high, moulded ceilings, marble fireplaces, a magnificent black iron stove in the kitchen, several outhouses and a large orchard. The house was full of my grandmother's beautiful Victorian furniture, including a huge Welsh dresser in which I could hide when small. However, with all that style we had no electricity, just gas for cooking, and lights hanging from the ceiling which you had to light with a match, trying not to poke through the mantle. The house was on a long lane leading out of the village, behind a 5-barred gate; at the end was a wooden stile leading to the pastures of the local farm.

The village had an equal number of chapels and pubs, the latter closed on Sundays, so then everyone went to Chapel and sang their hearts out, which sounded better in Welsh. The surprisingly short main street had a Post Office, two Banks, three Butchers, Hairdresser, Barber, huge Hardware Store, Greengrocer's, Fishmonger's, Bicycle shop, Cobbler's, Tinsmith's, two Bakers, two Grocers, a Fish and Chip shop, two Drapers/Outfitters, two Cinemas, and at least five Tobacconist/sweet shops, and a large open grassy bank on which we had the travelling fair once a year. We also had a Health Clinic where we were marched from school in a crocodile, lined up in a row to have our compulsory jabs, and to see the terrifying School Dentist who pulled out my first wobbly tooth, and threw it into the drain where the tooth fairy couldn't find it.

Our house was fully equipped, but only with my grandmother's household tools, so we were in an Edwardian time-warp. Being without electricity meant no vacuum cleaners, washing machines, fridges, gramophones but we did have a radio, which ran off batteries. One of these was acid filled and, astoundingly, it was my job even as a small girl to carry this glass jar of acid on its wire handle to the bike shop to be recharged. Washday was a nightmare, with coal fired boilers for the sheets, dolly tubs, a huge mangle with wooden rollers, starch for the shirts and Robin Blue. Then the whole lot was lugged to the washing lines on the field outside, to run the gauntlet of the welsh rain. In my grandmother's time there had been a maid and a lady who came to help on washday, but now all young women were involved in War Work, so my poor mother struggled alone. We had to wait until after the war when my father paid to have electricity laid on.

No one seemed unduly concerned about the safety of children in those days. I played out alone from the age of three, took myself to and from school in the next village at four, and explored the countryside far and wide. There was plenty to interest us children: lots of industrial relics from the old iron works, a huge slag heap from the closed pit now covered in lovely small silver birch trees (great for playing Cowboys and Indians), two abandoned quarries - extremely dangerous with very high precipitous sides but irresistible to a small girl on her way home from school, with pussy willows and bubbling springs at the base of the cliffs, making tiny streams in which to float sticks and leaves.

By this time we were at war. Being in the safe Welsh countryside it didn't alarm me at all. My father joined the Home Guard and did sentry duty on Telford's Aquaduct (the canals were a vital transport link in those days). I was sometimes lifted from my bed in the middle of the night to shelter in our under-stairs pantry while bombers flew over on their way to Liverpool docks. Soon the village filled with evacuees; we had two brothers from Everton, then a girl from Peckham. Before that the village had few outsiders, now we had Polish refugees; one became our GP. After that we had the American airmen in Chester; I was well brought up, so was strictly forbidden from asking if they had 'any gum, chum'. The next group to arrive was of friendly, cheerful Italian prisoners of war who charmed everyone, and helped on farms and in the local brickworks.

Then it was all over, very thin fathers came home from the Far East, the evacuees went home never to be heard from again, I went up to the Grammar School, then on to Liverpool University where I met my husband. (I came home for a weekend wearing the first pair of blue jeans ever seen in our village; unfortunately, they didn't impress, caught two local girls giggling behind my back, what it is to be ahead of your time).

Update: Our woods have a 4-lane bypass running through them. The village team built a football ground on the field where my mother hung the washing; this was sold again and is now the Tesco car park. A local firm bought my quarry and filled it in with industrial waste. In the 60's someone bought our old house and changed the Georgian sashes for cheap picture windows. Our orchard is now the car park for the village hall. The main street shops are mostly closed as are the two banks.

BUT THE LOCAL SCENERY IS STILL WONDERFUL !!!.

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We are looking for you. We are seeking villagers, who are looking for a few giggles, a bit of competition, a beverage or two with like minded people to come and play in our pub teams.

To keep traditions going for the next generation we are currently looking for local people to join the following teams:

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Crib – Wednesday night
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Where I grew up

This is a question which, when I am asked, I find interesting since there is not a definitive answer. As a Forces Brat I have had a life that has been unbelievably interesting; anyone who knows me thinks I am a local boy from Swavesey but I have only lived in Swavesey since 1974 when we moved from Longstanton where my father was based at RAF Oakington.

So where do I begin? I was born in Germany in 1957 before moving to RAF Aldergrove, Belfast as a six month old. My father was in the RAF and would be posted every 3 or 4 years and move ahead to a new location before the family; in this case my father would have been in Aldergrove and my mother would follow later once married quarters had been arranged. In 1958 the only way from Germany to Belfast was trains and ferries. My mother was then given temporary accommodation in Blackpool, travelling alone with me as a six month old, by the way my mother was German and at that time had a limited amount of English, she always told me that was one of the most difficult times, living in England for the first time with a six month old and struggling to speak fluent English.

We lived in Aldergrove until 1961, my sister was born in 1959 and dad's next posting was to Kuala Lumpur in Malaysia. KL was my first school. This age is the first real memories I have as a child and living in Malaysia was, for my parents and us children, a wonderful experience. I was lucky dad had bought a decent camera and over the four years there we took lots of photos which we still have now. I have recently been back to KL and visited some of the same places in the photos and even replicated the photos.



Next posting was Kinloss in Scotland and in December 1964 we travelled to the UK by ship. The journey started in Singapore, this time we all travelled together, the cruise ship was Orient Line SS Oronsay

The trip took three weeks from Singapore to Bombay, through the Suez Canal, Aden, Athens, Marseille, Gibraltar and finally arriving on a very cold January day at Tilbury docks in London. I remember having Christmas on board and have good

memories of visiting some of the ports. As a seven year old I was not allowed off at all ports, but we did have a day in Bombay, and a day in Marseille.

Once in the UK we spent one day in London before getting the overnight train to Scotland and our next posting in Kinloss, 1964 to 1967, again great memories of a wonderful part of the UK. Kinloss is in Morayshire, and apparently very unique for the climate, although in northern Scotland I do not recall many days of deep snow - rain maybe.

In 1967 we returned to Germany, RAF Gutersloh, which is my best recollection of my teens, leaving primary school and starting at Secondary school. Our first house was in a town called Detmold. Dad was seconded to REME, working on Army helicopters before we moved to RAF Gutersloh where dad worked on Hawker Hunters. Gutersloh at the time was one of the main fighter bases and on standby due to the cold war with Russia in the sixties.



I attended Kings School in Germany until June 1970 when dad was told he had to do a posting in England. His first option was not Oakington were we ended up but RAF Scampton in Lincolnshire, home of the Red Arrows, the main reason being the type of aircraft dad was familiar working with, however due to circumstance we ended up in Longstanton, or RAF Oakington. *Picture: First day at Kings in Germany September 1968*

December 1974 Oakington finally shut down and dad finished his last posting at RAF Wyton before leaving the RAF in 1976 after 30 years.

We moved to Priory Avenue that year. I had been attending Swavesey Village College from September 1970 to 1973 and started work at 16 as an apprentice sheet metal worker in Bar Hill. My parents lived in Priory Avenue until 2003. I still live in Swavesey after a short spell in Over just after I was married, and we have been here for over 40 years.

As I said at the very beginning, I have had a very lucky and interesting life, varied, life-changing, educational, and inspiring.

Martin J, Thistle Green.

Why Parents Drink

The boss wondered why one of his most valued employees was absent but had not phoned in sick. So, he dialled the employee's home phone number and was greeted with a child's whisper: "Hello?"

"Is your daddy at home?"

"Yes, he's out in the garden," whispered the small voice.

"May I talk with him?"

"No."

So, the boss asked: "Well, is your mummy there?"

"Yes, she's out in the garden too."

"May I talk with her?"

Again, the small voice whispered: "No."

Hoping there was somebody with whom he could leave a message, the boss asked: "Is anybody else there?"

"Yes," whispered the child, "there's a policeman."

Wondering what the police would be doing at his employee's home, he asked:

"May I speak with the policeman?"

"No, he's busy," whispered the child.

"Busy doing what?"

"Talking to Daddy and Mummy and the police dog men."

Growing more worried as he heard a loud noise in the background, he asked:

"What is that noise?"

"It's a helicopter" answered the whispering voice.

"What is going on there?" he demanded, now truly apprehensive.

"The search team just landed a helicopter."

"A search team?" said the boss. "What are they searching for?"

Still whispering, the young voice replied with a muffled giggle...

"Me."

Viki Letzer

Where I Grew Up. Once Upon a Time in Sugar Town.

Bacita is a small but diverse community located in the Edu Local Government area of Kwara State, which lies south of the River Niger in the western part of Nigeria. There is a uniqueness about this town as compared to other communities in Nigeria. Unlike the typical town or village in the country which would normally be entrenched in strong cultural heritage and ancestral history of the indigenous people, Bacita was a town created as a result of the establishment of the Nigeria Sugar Company (NISUCO) in the late fifties to early sixties.

Established on behalf of the Nigerian government by a British firm known then as Booker Agricultural and Technical Services Limited, NISUCO was incorporated in 1961 as the first integrated industrial sugar production company in the country. The company was first established with an installed capacity of around 40,000 tonnes of granulated sugar production per annum in 1961, and sugar production was started sometime in 1964. The raw material for sugar production was derived from the vast sugar cane plantation on huge hectares of rich agricultural lands on the outskirts of the town. Suffice to say then that the socio-cultural heritage of the town was rooted in sugar cane farming and granulated sugar production, which boasted great potential for the economic development of the region and country as a whole.

The population comprised predominantly of all the various Nigerian ethnic cultures who had relocated to the town as a result of the employment and service opportunities in this local community. Although I cannot tell in what approximate proportions relative to other cultures, the dominant culture was that of the Nupe's, the indigenous people of the surrounding towns and villages. Bacita was truly a multi-cultural community and the dominant languages spoken were Yoruba and Nupe. The Nupe people had expanded their agricultural and fishing businesses from the surrounding villages in addition to some of them migrating to find work in the booming sugar manufacturing plant. The local market always thrived on market days with food crops and other items brought in by traders from the surrounding villages.

Religion is of paramount importance in Nigeria and the population in Bacita epitomised this. I do remember the existence of at least nine different denominations of Churches in the town, and correspondingly, a number of Mosques where worshippers congregate religiously (literally) on Sundays and Fridays respectively. I cannot recount the exact proportion of the Christianity/Islam faith distribution among the population but if I were to take a guess at numbers now, I would think something like 60:40 ratio respectively. One of the primary schools in the community was privately owned by the sugar company built to serve the needs of its staff members with school age children. There were a number of state-run primary schools too, and a secondary school which was also state run. Health facility was great too as there was a company clinic owned by NISUCO and a much bigger missionary hospital owned by the Catholic faith movement.

About sixty percent of the residential dwellings in the town were made up of NISUCO owned residential estates for its employees while the remaining buildings were made up of either privately owned homes or service buildings. The staff school had a dedicated school bus for transporting children to and from school to designated locations serving the various staff residential dwellings. Bacita was indeed a thriving economic community during my childhood days.

I left Bacita when I was eleven for my secondary education in a boarding school 144km away in the same state. Since then, my visits had been when I went back home during the school holidays. Subsequently, as I grew older and pursued further education and eventually left the country in the early nineties, I have not been privileged to visit the town again. However, thanks

to modern technology in the form of social media, I have recently caught up with a number of my childhood friends. It was really great to be able to meet up with those in the UK over the bank holiday in May this year, 2019, when we had a reunion picnic with our respective families at Regents Park in London.

Yinka Opaleye, Moat Way.

What is mindfulness?

Many people ask me what mindfulness is all about and how it can help them in their everyday life.

For me, mindfulness is about awareness and being able to let go of ruminations on the past or anxiety about the future to truly enjoy the current moment. This reduces mind chatter and turns down anxiety and stress.

As an example of how it works, I have created a FREE 5-minute audio on mindful walking – you can listen while out for a walk and it will give you some insight into how being more mindful can change your perspective and dial you in to some calm.

If you would like to try it drop me an email and I will email the audio file over to you, completely free, so you can download to your phone and listen at your leisure. Enjoy!

If you have any questions, please do get in touch.

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DOCTOR LINK APP

Extract from the Over Surgery Newsletter

We are trialling a new service called DoctorLink that enables our patients to manage their care needs remotely where appropriate.

What is DoctorLink?

- DoctorLink provides the ability to seek clinically approved medical advice around the clock. This helps to reduce unnecessary surgery appointments, getting patients to the right place for their clinical need. DoctorLink will provide advice on how to best manage your symptoms
- DoctorLink facilitates booking an appointment with the surgery should a clinical consultation be recommended
- DoctorLink can be accessed from any laptop, mobile phone or tablet device, 7 days a week from any location

How does it work?

- DoctorLink uses a Symptom Assessment tool to complete triage on patients who access the practice online looking for an urgent/same day appointment. Patients are asked a series of clinical questions based on their concern/illness.
- The outcomes of the symptom assessment are processed according to the clinical need. If a clinical consultation is recommended the patient can request an appointment slot appropriate to the symptom assessment outcome (e.g. consultation with a nurse practitioner within next 48 hours, same day consultation with a GP).
- The practice will receive a copy of the symptom assessment highlighting the required action needed ((e.g. day consultation with a GP).
- As DoctorLink is accessible 24/7 it is able to cater for both in and out of hours scenarios directing patients to the most appropriate place (pharmacy/dental/GP Service/A&E)

We will be working closely with the providers to manage DoctorLink's integration into the practice and help patients get signed up. All feedback from the trial will help shape and develop the product ensuring that it is of use for clinicians, practice reception staff and patients.

Follow the link below to register and start using: <https://www.DoctorLink.com>

The application is easy to use and once you have signed up you will be able to check your symptoms and request appointments at your GP Service with ease.

Please rest assured that:

- DoctorLink is not connected to your patient record so information about you is not being shared with DoctorLink
- You can continue to ring the surgery for same-day urgent care and speak to or see a GP or another member of the clinical team as you always been able to.

Flu Clinics

We will be holding our first Saturday morning flu clinic on **28th September** – please note that this will be available to over 65 years only. A further Saturday clinic will be available for under 65 years, date to be confirmed.

You will need to make an appointment please contact the Over Surgery reception on 01954 231550.

If you require urgent medical attention, or advice, when the surgery is closed please call:
the Out of Hours service on 111.

Doctors Surgeries

Swavesey Surgery

(01954) 230202

Out of hours 0330 123 9131

Website:-

www.swaveseysurgey.nhs.uk

Over Surgery

(01954) 231550

Out of hours 0330 123 9131

Website:- www.oversurgery.nhs.uk

Longstanton

(01954) 207600

Out of hours 111

Website:-

www.willinghammedicalpractice.nhs.uk

See our website at www.swaveseymeridian.org.uk
for the full and latest surgery newsletters. Ed

Bar Hill Surgery

(01954) 780442

Out of hours (01954) 780442 -

call will automatically be diverted

Website:- www.mhmaple.co.uk/

Fenstanton

7E High Street, Fenstanton

01480 461873

Out of hours 01480 461873.

call will automatically be diverted

Website:- www.northcotehousesurgery

Flu Vaccinations

Extract from the Swavesey Surgery Newsletter

We will be holding Saturday morning flu clinics during September and October (dates to be confirmed)– these will be advertised in the surgery, on the website, facebook and SMS text messages sent to those with a mobile phone number and letters to those we don't hold a number.

We would be grateful if you could provide a mobile number where possible to keep the postage costs to a minimum.

Arthur Rank Hospice Make a Will month Throughout October 2019

Have you got round to making or updating your Will? Now's the time! Local solicitors and Will writers are kindly donating their time to write or update a standard Will in return for a donation to Arthur Rank Hospice.

Make a Will to make sure those you care about most are provided for - it's easier than you think.

For more details, visit arhc.org.uk/makeawill or call 01223 675881 email lucy.day@arhc.org.uk

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www.thewhitehorseswavesey.com

SCHOOLS INFORMATION



Swavesey Playtimers

Tuesday 10-11.30am
In the back room of the Bethel Church, different craft activities, stories and themes each week. £2

Wednesday 10-12noon
At the Memorial Hall, singing with Sharon from 11.15am. Family with one child, £3. More than one child, £4. Under 6 months. £2.

All children under 5 welcome to these term-time toddler groups. Find out what is going on from our Facebook group - "Swavesey playgroups". A great chance to meet local parents.






We are a fully insured, Level 3 certified, canine hydrotherapy centre based in Over, Cambridgeshire within 5 minutes from the A14.

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☎ 01954 230940 ☎ 07708 939142 @ office@hydrofurapy.co.uk 🌐 www.hydrofurapy.co.uk
Unit 2, Arthur Court, Norman Way Industrial Estate, Norman Way, Over, Cambridge, CB24 5AL

Adult Education at Swavesey Village College



New for autumn at Swavesey Village College

Skills for Moving Closer to the Workplace

Family Cooking

Anxiety & Depression: Alternatives to Medication

Positive Parenting

Great News!

Adult Education classes will be available at **Northstowe Secondary College** from October. We will be offering a wide variety of courses ranging from fitness & languages to employment skills and mindfulness.

Saturday workshops will be running on 2nd & 16th November including **Mosaics, Family Cooking, Stained Glass Christmas Decorations & Watercolour Painting** and many more....

For details of all our classes and to book your place please visit the college website swaveseyvc.co.uk, Community tab, email us on community@swaveseyvc.co.uk or call us on 01954 234488



Swavesey Village College, Gibraltar Lane, Swavesey, Cambridge, CB24 4RS Phone: 01954 234488
Email: community@swaveseyvc.co.uk



9am – 10am	Sing Up	choir	4yrs – 12yrs
10am – 11am	Rockin' Rhythms I	interactive theory lessons	4yrs – 7yrs
	Rockin' Rhythms II		8+yrs
	Rockin' Rhythms III		Grade 3+
NEW CLASS!	Rock School Rockets	guitars, drums	beginners
11am – 12pm	SMS Community Orchestra	instrumental ensemble	all levels; all ages
	Rock School	guitars, drums, vocals	9+yrs

Now in its 9th. Year!

Check out our new class: RS Rockets

Also, SMS Community Orchestra, open to all ages; adults, parents: why not pick up that instrument from youth and join us on a Saturday morning?

Email for more information and to check availability.

£4 per session!

Swavesey Music School
Swavesey Village College
Gibraltar Lane
Swavesey
CB24 4RS

<http://swaveseyms.co.uk/>



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CLASSES ALSO IN GIRTON HISTON & COTTENHAM



1st Swavesey Scout Group: Autumn Term

By the time you read this the Autumn term will be underway and hopefully our new members and the young people moving up to the next sections will have settled in.

Our Beavers, Cubs and Scouts have another exciting term planned. As the evenings get darker the focus will shift towards indoor activities, but we still hope to get out and about. A hike to the fish and chip shop in Fenstanton always goes down well with our young people – and with the parents and leaders who join us!

The Scouting programme is based on the themes of outdoor and adventure, world and skills. The programme of activities is planned by the leaders to incorporate elements from each theme, and to challenge the young people in a way that is appropriate for their age group. This term, the Scouts are really taking the "adventure" theme seriously as they try out scuba diving.

An important date on the Scouting calendar is the annual Remembrance Day service, which this year will be held at St Andrew Church in Swavesey. All sections are encouraged to attend in uniform to remember the members of the armed forces who lost their lives fighting for their country.

All sections meet consecutively on a Tuesday evening, usually in the scout hut at the SVC, although you may see us on adventures around the village or further afield. For more information or to enrol your child, please contact the appropriate section below:

Beavers (ages 6-8) marian.bentley@1stswaveseyscoutgroup.org.uk

Cubs (ages 8-10½) janet.stones@1stswaveseyscoutgroup.org.uk

Scouts (ages 10½ -14) jim.burling@1stswaveseyscoutgroup.org.uk



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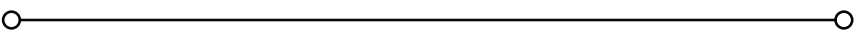
Email: service@entiregroup.co.uk



Rainbows, Brownies, Guides and Senior Section (Rangers)

Girlguiding units in Swavesey have been enjoying exploring the new programme introduced last summer. Summer 2018 to summer 2019 has been a 'cross over' year where old and/or new could be worked on alongside each other, and from September 2019 all units should be using the new programme.

The new programme has six themes: Be Well, Have Adventures, Skills for my Future, Know Myself, Express Myself and Take Action. In each theme there are Skills Builders staged activities, Unit Meeting activities and thirdly Interest Badges to be worked on at home. When a girl has earned one Skills Builder badge, one Interest Badge and a certain number of Unit Meeting Activity hours (increasing through the sections) in one theme they are awarded a Theme Badge. Elizabeth Williams was the first to do so, earning the Know Myself Rainbows Theme Award.



Five Swavesey Guides achieve the prestigious Baden-Powell Award

Alison, Ella, Havyn, Naomi and Rhiannon from 1st Swavesey Guides completed the syllabus of the Baden-Powell Challenge award in February 2019, for which they each had to complete **ten clauses**, attend an **adventure** specifically for the Baden-Powell Award and **meeting** with the Division Commissioner to discuss their challenge.



London Monopoly board as possible.

The Ten Clauses

Each of the five girls created their own personal plan, based around the five zones of guiding: Healthy Lifestyles, Global Awareness, Discovery, Skills and Relationships and Celebrating Diversity. A selection of the challenges they undertook included building and sleeping in bivouac shelters, running unit cooking challenges, running a unit fun run to raise money for the Bumblebee Conservation Trust, running a games evening for the unit and achieving interest badges, such as Survival, Agility, World Issues and Community Action.

The Adventure

The five guides spent two nights at ICANDO, the Girlguiding activity centre in London. Along with other Baden-Powell Challenge guides from around the country, they had to make a team mascot and then make their way around London walking and using public transport to visit as many places on a

The Meeting

The Over District Commissioner met with the five girls the week after their adventure and was shown their Baden-Powell folders with photographs, plans and mementoes. She passed all five guides and said they were some of the best folders she's seen and that the guides had obviously put in a lot of work.

The Award and beyond

Two of the guides have since moved up to Over District Senior Section. Three girls decided to take a break from Girlguiding and concentrate on school work.

The girls met up for a meal to celebrate their award and were awarded their badges and certificates at the diner.

The Baden-Powell Challenge Award was replaced by the Guide Gold Award on 31 August 2019.



Adult helpers are always welcome, please sign up here if you are interested or would like to know more. www.girlguiding.org.uk/get-involved/

Rainbows and Brownies are full with waiting lists, sign your daughters up early for Rainbows, don't wait until she is 5 and her friends have started!

www.girlguiding.org.uk/joinus

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our **FACEBOOK PAGE...** search for
'Norman's Dog Day Care'

SWAVESEY PARISH

Parish Council News July/August 2019

COUNTY COUNCIL

The PC continues to raise concerns about potholes in and approaching the village. Some patching work by CCC is scheduled.

The PC raised concerns over the main drain bridge on Over Rd, as the revetments are starting to move and serious concern was raised as to potential collapse of the road. CCC is investigating.

Local Highway Improvement Scheme – a bid to repair large sections of the footpath along Middle Watch & Boxworth End where it floods has been submitted for 2020-21 budget.

Some 24/7 road closures are scheduled within the next couple of months at the Moat Way/Fen Drayton Rd junction, for utility works related to the Bloor Homes site. Diversions will be via Rose & Crown Rd-Boxworth End-Middle Watch-School Lane

DISTRICT COUNCIL

The new Chief Exec has now been appointed at SCDC.

SCDC has been reviewing its expenditure on temporary and contract staff. There is still a major shortage of staff, particularly in the planning dept. IT issues are also being reviewed.

A new Zero Communities Grant scheme has been launched and the PC and other community groups aim to apply for funding for various community building improvements.

A14 IMPROVEMENT SCHEME

The PC continues to monitor the impact of traffic on the village and concerns about the junction and road closures, and is aware of residents' particular problems which are taken up with the A14 team.

A new Legacy Fund for parishes alongside the works has been launched and the PC has put in bids for funding for highways improvements.

VILLAGE MATTERS

The PC is working with other Parishes to promote 'Timebanking', a sharing of Skills, in the village.

The PC has provided a grant to the local First Responders, along with Over, Longstanton and Willingham PCs, to enable new defibrillators to be purchased for the Responders.

Repairs to the surfacing in the Moat Way play area are being arranged.

DRAINAGE

The PC continues to press the Environment Agency to clear both the Turnbridge Drain and Church End drains to avoid flood situations.

COUNCIL NEWS

PLANNING

Various planning matters have been considered by the PC.

Following an approach from Campbell Buchanan developments and a request from local residents, the Parish Council will be meeting informally to discuss potential future residential development on the Mick George site in Middle Fen Drove. In the meantime Mick George Ltd has applied to the Traffic Commissioner to permanently site up to 5 lorries on the existing site, a decision is still awaited.

The Bloor Homes development for 99 new dwellings on land off Fen Drayton Rd has now commenced. No works have yet started on the other two sites off Boxworth End & Middle Watch.

SCDC has now started consultation in association with Cambridge City on the Gtr Cambridge Local Plan. Parish Councils are already being consulted.

NEIGHBORHOOD WATCH

The NHW and Speedwatch workshop held on 31st July was unfortunately poorly attended. The PC is still looking for more volunteers please to help with speedwatch. The Police are still keen to recruit a new NHW coordinator for the village. If you can help with either of these, please contact the Parish Council.

In July the Parish Council moved its office into the Memorial Hall, please note the new correspondence address of: Swavesey Parish Council, The Memorial Hall, High St, Swavesey, CB24 4QU. A postbox is located by the front door.

Swavesey Lawnmower Services

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Sat 8am - 12noon
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Swavesey Parish Council Website:- www.swavesey.org.uk		
Parish Councillors	Telephone	E-mail address
Warren Wright (Chairman)	203172	will.wright48@virginmedia.com
John Pook (Vice-Chairman)	230978	pookjhn@aol.com
Martin Johnston	200605	martin.johnston1@ntlworld.com
Lisa Boyes	232603	windmillkennels@oneservice.co.uk
James Dodson	230560	shirleydodson65@gmail.com
Stuart Faben	07887 906982	stuart@fabenjoinery.com
Hannah Parish	203035	hannah.parish@niab.com
Colin Parsons	230861	trinityengineering@sky.com
Sandie Smith	232356	cambridgegills@hotmail.co.uk
Keith Wilderspin	230083	keith.wilderspin@btinternet.com
Doug Hunt	232478	doughuntuk@yahoo.co.uk
Clerk: Linda Miller	202982	clerk@swavesey.org.uk
District Councillor: Sue Ellington	202923	sue.ellington@virgin.net
County Councillor: Mandy Smith Papworth & Swavesey Ward	230248	mandysmith1235@btconnect.com
Memorial Hall Administrator: Nicole Mullee	07963 861791	memorialhall@swavesey.org.uk


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The Thomas Galon Charity

In the year 1528, Thomas Galon left land for the benefit of the community of Swavesey. A charity was set up enabling Trustees to distribute the income from this land to people in need. Today the Trustees generally meet twice a year, in April and November to consider grants to benefit local residents.

Energy Grant Scheme

Under this scheme, villagers who are aged 70 or over and have lived in the village for 2 years or more, who find it difficult to pay their energy bills and need assistance, can apply to the Galon's Charity for an energy grant. At the November meeting, Trustees will consider the amount of grant, depending on funds available, to be paid in the December.

An application form is available if you wish to apply for assistance from this scheme, from the Clerk to the Trustees. Or can be downloaded from the Charity website: <http://www.swavesey.org.uk/thomas-galon-charity/> If you are already in receipt of this grant you need not re-apply.

If you would like any further information on help available from the Thomas Galon Charity then please contact:

The Clerk to the Charity: Linda Miller, The Memorial Hall, High Street, Swavesey, CB24 4QU Tel: 202982

E-mail: thomasgaloncharity@swavesey.org.uk

or any of the Trustees as follows:

Mr A Day (230050) - Chairman

Mr B Baker (230344)

Mr O Hodson (07800 647307)

Ms H Parish (203035)

Mr W Wright (232470)

Mr J Dodson (230560)

Mr R Holland (230077)

Mr D Morgan (230249)

All enquiries will be considered in strict confidence.

Further history on the charity can be found on the charity website, which is linked from the main village website at www.swavesey.org.uk

August 2019

From Your DC - Sue Ellington

Hello Everybody

South Cambs District Council has selected a new Chief Executive to start in the middle of September at a salary of £129,930 per annum. She is Liz Watts who was previously Chief Executive of Hertfordshire District Council. The employment committee had a wide field to choose from and were delighted to make the appointment. The management review has continued to restructure the workforce whilst waiting for Liz Watts to work her notice. Unfortunately there is more than a 10 vacancy factor which is leading to significant stress and delays.

The council has introduced a new Eco grant which seek to distribute £97000 throughout South Cambs for projects which reduce carbon emissions or increase sustainable power. The grants can be anything from £1000 - £15000 and all the details are on the district council website. Anything from a drinking fountain in market street - reducing bottled water to an electric charger point in the memorial Hall car park, from solar panels on the roof to increased insulation. The applicants have to be community groups, and may include the Parish Council, joint or match funding can be used. I am very keen for Swavesey to get some of this money. So put your thinking caps on and come up with a scheme - applications have to be in by 31st October. Decision will be made before Christmas.

The planning department of the Council is still having trouble working through planning applications because they are so short staffed. The Council is currently out to tender to employ an agency to deal with the routine applications. I sit on the planning committee occasionally and I would be surprised if there is such a thing as a routine application. However if it reduces the waiting time it may be an option however buildings which are going to be there for many years need to be carefully considered. once permission is given it cannot be taken away. As we see with some new houses in the village - bad building permissions cause an eyesore.

Well we have our new Prime Minister, but the local conservative association has also chosen a new candidate to stand at the next general election. Mr Anthony Browne, who is local born and bred - I hope you get to know him.

If you have any problems I can help with please contact me - 01954 202923, or 07774 146331

Or sue.ellington@virgin.net

Sue Ellington
District Councillor
Swavesey, Fen Drayton and Lolworth Ward



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at 10:45 am weekly

Café Church

Join us for “Church Around the Coffee Table” at 10:45am.

Sunday 6th October, Sunday 3rd November

Sunday Sanctuary

Sunday Sanctuary offers an alternative time of worship and reflection.

Sunday 20th October, Sunday 17th November

Remembrance Sunday

We will be joining with St Andrew’s Church for the Remembrance Day Service as in previous years, so there will be no service at Bethel.

Sunday 10th November

The Hub

An Open Access Youth Club for children and young people aged 11 to 16.

Open during term times only

Compass Cafe

Compass Café is a community café which is run by a small group of different community organisations.

Every Thursday 10.30—12pm

CONTACT INFORMATION

Church Office: 01954 230458

admin@bethelbaptistchurch.org.uk

Rev. David Mann: minister@bethelbaptistchurch.org.uk

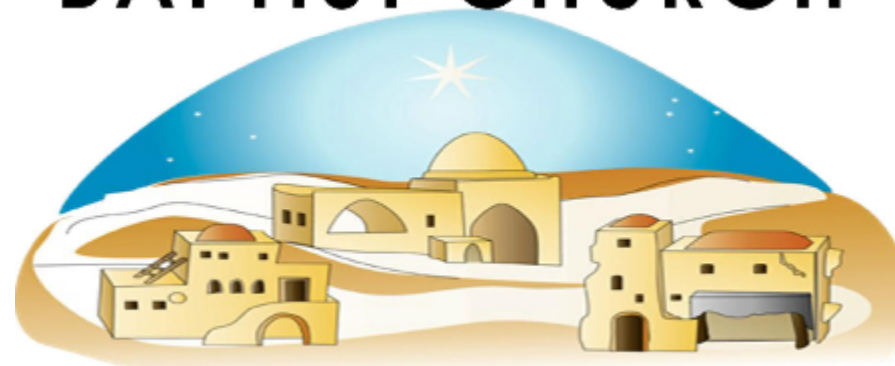
Visit our website for up to date information on all activities at Bethel.

www.bethelbaptistchurch.org.uk

111 Middle Watch, Swavesey, Cambridgeshire CB24 4RP.



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SUNDAY 1ST DECEMBER - 10:45AM TO 12 NOON

CHRISTMAS SERVICES & EVENTS

Saturday 21st December – Carols on the Green

Sunday 15th December – Christmas Sanctuary

Sunday 22nd December – Carols by Candlelight

Wednesday 25th December – Christmas Service



The Parish Church of St Andrew, Swavesey

A warm welcome awaits you at your parish church.

Service Pattern		
1 st Sunday of the month	11:00am	Holy Communion
2 nd Sunday of the month	11:00 am	Morning Worship
3 rd Sunday of the month	8am 11:00 am 7:00 pm	Holy Communion: Book of Common Prayer Holy Communion Sunday Sanctuary – Bethel Baptist Church
4 th Sunday of the month	11:00 am	All Age Service
5 th Sunday of the month	10:30am	Joint Benefice Holy Communion
Contact Details: To arrange weddings, baptisms, funerals, services of thanksgiving for the gift of a child: Team Rector: 01954 230434 Revd. Simon Gill Email: simon@5folds.org.uk or Team Administrator: Telephone: 01954 203459 Gillian Beal. (Monday to Thursday 10:00 to 12:00) Email: admin@5folds.org.uk To arrange use of the church for concerts or other events: Churchwardens: Mrs Nicky Carne Telephone: 01954 230971 Email: nicky_carne@hotmail.com or Mrs Jacqui Fuller Telephone: 01954 230774 or Email: jacquifuller@hotmail.com For details of our Youth Group, Branches, or Sunday School Services: Mrs Elizabeth Street Telephone: 01954 232358 or Email: street.el@virginmedia.com For Church choir details: John Mullett: Telephone: 077026 79191 or Email: johnajmullett@gmail.com For bell ringing details: Edie Robinson Telephone: 07967635318. Email: Edith_robinson@hotmail.com St Andrew's Church Swavesey		

St Andrew's Church News

We are delighted to be able to tell you that, by the time you read this, all the work on our roof should have been completed and the water damage inside the church re-plastered and limewashed. We have also taken the opportunity of the scaffolding being available to install some more efficient LED fittings and bulbs so that you will find it much brighter in the chancel and south aisle. We are very grateful to everyone who has supported and helped us to complete this work.

The usual life of the church has continued with Simon Gill, our Team Rector, getting to know us as he has led our services and attended some of our events. We hope that some of you may have had an opportunity to meet him. During the next few months we are hoping to begin the search for someone to work with Simon as a team vicar for our benefice.

Our annual Harvest Service will take place on October 6th with a collection of food and other items for the Ely Food Bank. Do come and join us for the service and stay for our Bring and Share lunch. We will be holding our Christingle Service on Sunday, December 1st at 4:30pm.

St Andrew's Church Events News

For full details of events, please contact Iain Campbell: Email: iainj.campbell@sky.com
Telephone: 01954 230019

Sunday, August 4th: Wind in the Willows

We were very fortunate to welcome the "This is my Theatre" group back to St Andrew's and their production of Wind in the Willows was very entertaining. The four actors brought Kenneth Graham's world of the riverbank and the wild wood to life with their use of props, music and changes of costume. Over eighty people of all ages enjoyed the performance.

Please note that this talented group will be returning to St Andrew's on Friday 22nd November at 7:30pm with a performance of Charles Dickens' A Christmas Carol.

Doors will open at 7pm for a 7:30 start. Tickets available at: www.thisismytheatre.com

Saturday, November 16th: New Cambridge Singers

This chamber choir sings a range of modern and classical music. They will be presenting Brahms 'German Requiem & Cello Sonata in E Minor'. They describe the music in this way: *Brahms Cello Sonata in E Minor is full of contrasts: an aching soulful first movement and an apparently "Classical" minuet & trio give way to a powerful, muscular and passionate contrapuntal finale. The German Requiem, thought to be written in memory of Brahms' mother; has an air of consolation and repose, and will be performed in a version for choir and piano duet, based on Brahms' own arrangement of the work.* Tickets £12, Under-18s from: www.ticketsource.co.uk/st-andrews-church-swavesey or available on the door.

Saturday, November 30th 10am – 4pm Advent Festival and Christmas Tree Display

This year, we have returned to Christmas Trees for the theme of our annual Advent Fayre with its craft stalls, games, children's activities and refreshments. We hope that you will focus your crafting skills on the task and create some wonderful trees to decorate the church during the Advent season. As in past years, these displays can either be free standing or suspended in the air; just let us know which when you enter. If you don't feel inspired to amaze the village with your stunning artistic skill, just come and vote for your favourite tree instead! You will be very welcome. There are still some craft stall spaces available.

Further details and entry forms can be obtained from Nicky Carne: nicky_carne@hotmail.com or 01954 230971.

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Community Groups & Charities

Swavesey Neighbourhood Plan Steering Group	A voluntary group who meet on the first Monday each month to set out the vision for Swavesey and the planning policies needed to manage development according to the wishes of the local community. See http://www.swavesey.org.uk/neighbourhood-plan/ or Email: clerk@swavesey.org.uk for more information
Cam Sight	Cam Sight is a local charity which offers support to anyone with a visual impairment, along with their family and carers. We meet on the 4th Wednesday afternoon of each month in Bar Hill. For more information please telephone Joan in Bar Hill on 01954 200622 or Alison at Cam Sight on 01223 420033 or email alison@camsight.org.uk . For more info see:- www.camsight.org.uk
Cambridgeshire Hearing Help	CHH is a charity that helps people with hearing loss. Volunteers service NHS hearing aids and provide batteries and they attend Swavesey quarterly at Thistle Green. Advice on any aspects of hearing loss is available at a hearing help session or by calling the office on 01223 416141, e-mail enquiries@cambridgeshirehearinghelp.org.uk or check the website cambridgeshirehearinghelp.org.uk
Care Network	Care Network supports volunteers, encourages independence and develops good neighbour projects. We provide the Welcome Home from Hospital service across Cambridgeshire. Contact:- Care Network, 5 Broadway House, 149-151 St Neots Rd, Hardwick, Cambridge, CB23 7QJ (tel: 01954 211919). care-network.org.uk/
Community First Responder Scheme	The local group in Over and Swavesey has provided help over many hours and attended over 20 patients in your community. You can support the group and help to fundraise for equipment or volunteer to become a Community First Responder within your community. Contact:- responderadmin@eastamb.nhs.uk or call 01284 731802
Swavesey Library	A volunteer run community library based in Swavesey Village College. We are able to providing a full range of library facilities being directly linked to the Cambridgeshire County Council library service. For more info see:- www.swavesey.org.uk/village-link/swavesey-library
The Friends of the Rosie Hospital	The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies. Contact:- Mrs Mary Sanders (Hon Chair) rosieinstitches@ukonline.co.uk Tel 01223 356615
East Anglia's Children's Hospice (EACH)	Put your free time to good use and volunteer at East Anglia's Children's Hospice (EACH) in Milton. Volunteering at a children's hospice doesn't always mean care work and fundraising as there are also tasks such as admin and maintenance of the grounds. Contact:- Clare Bates on 01223 815 134, email clare.bates@each.org.uk
Community Resourcing	We have a small group of local volunteers (local residents from our community) who would like to help other members of our community with any practical tasks. Contact:- Parish Council Tel: 01954 202982 or Email: clerk@swavesey.org.uk
OWLS Community Car Scheme	Run by CRB checked volunteers the scheme offers a door-to-door service, for medical or some social journeys, to people who are unable to access other forms of transport. Ring 07505 254363 to book a journey, find out more, or to volunteer as a driver

CLUB INFORMATION

Army Cadet Force	Swavesey Detachment, No 2 (Cromwell) Company, Cambridgeshire Army Cadet Force meets each Tuesday evening at the Swavesey Village College from 7 pm. New recruits are welcomed from ages 12 years (year 8) to 18 years. Contact - Sgt Phill Barrett phone 07786981380		
Over District Girlguiding Swavesey and Over	Unit	Evening	Contact
	Swavesey Rainbows	Thurs	caroline@overroad.co.uk
	Swavesey Brownies	Mon	swaveseyguides@gmail.com
	Swavesey Guides	Thurs	swaveseyguides@gmail.com
	Over Rainbows	Mon & Tue	
	Over Brownies	Wed & Thurs	
	Over Guides	Tue	
Swavesey Spartans	Swavesey Spartans are a Chartered Standard Youth Football Club affiliated to Cambridgeshire Football Association. The club runs boys and girls teams from under 6 through to under 17. For information and enquiries please contact Chairman - Gary Peet on 07976 359494 Secretary - Colin Baker on 07976 636771 Club Welfare Officer - Carolyn Merricks on 01954 20497		
1st Swavesey Scout Group	All sections meet on Tuesday at the Scout Hut on the SVC site Beavers - 16:45 to 17:45 Contact: Marian Bentley Email: marian.bentley@1stswaveseyscoutgroup.org.uk Cubs - 18:00 to 19:15 Contact: Janet Stones Email: janet.stones@1stswaveseyscoutgroup.org.uk Scouts - 19:30 to 21:00 Contact: Jim Burling Email: jim.burling@1stswaveseyscoutgroup.org.uk For any other Scouting issues Contact: Jim Burling Email: jim.burling@1stswaveseyscoutgroup.org.uk		
Swavesey Early Years and Playwork Centre	Swavesey Early Years and Playwork Centre are based in their own purpose-built unit on the primary school site. It comprises Early Years children (aged 2 – 4 years) between 9am and 3pm (formerly Swavesey Pre School) and we provide activities and care for primary school aged children before and after school. Breakfast Club runs from 7.30 am to 9am and After School Club from 3.15pm to 6pm. For information please contact Carol Panther (Early Years and Playwork Manager) by email eyandp@swavesey.cambs.sch.uk or by phone 01954 273312 or 07803 812221.		
Swavesey Music School	Meets every Saturday of term time at Swavesey Village College Only £3.00 per session. For further details see: www.swaveseyms.co.uk		

Health and Wellbeing Club	A club for older adults which runs on the last Tuesday of the month with the exception of December. The group meets at the Community Centre, Thistle Green, Swavesey from 10.00 to 11.30am. Refreshments, chair-based exercises, speakers and time for conversation. No booking is required and the group is Free.
British Tang Soo Do Institute	British Tang Soo Do Institute practices the Korean martial art of Tang Soo Do. Our club training covers self defence techniques and many aspects of fitness including flexibility, coordination, conditioning, balance and discipline helping to promote a healthy lifestyle. For further information please contact Master Jeff Cockram on 07863 345681 or jeff@btsdi.co.uk or see our website: www.btsdi.com
Swavesey Tang Soo Do Club	Classes are held Monday 18:30-20:00 in the main hall at the Primary School, Swavesey and Wednesday 18:30-20:00 in the Memorial Hall. We are a family run club offering Martial Arts training in a friendly atmosphere Training is available for all ages from 5 and over. Children, adult beginners, family groups and people with previous martial arts experience are all welcome. Contact Louise Morton on 07711 256512 Email: enquiries@swaveseytsd.co.uk - website: http://www.swaveseytsd.co.uk/
Allotments in Swavesey	Down Hale Road towards the windmill and on the right there are 61 plots, mostly 150 sq yds (125 m2) in area, backed up by eight water tanks. Large yields of a wide range of high quality vegetable, fruit and flower crops can be grown successfully. If you are interested in joining the waiting list contact Russell Fear on 01954 202846.
British Legion	For information contact:- Chairman - Robert Bond 01954 201645 RBL or robert.bond4@ntlworld.com
Swavesey Badminton Club	Located at the Swavesey Village College Sports Centre. The Club offers a high standard of play at club nights on Tuesdays 7pm to 8pm and on Fridays from 6.30pm to 9.30pm. We play competitive badminton in the Cambridge leagues and run men's, women's and mixed teams. Contact Helen Taylor on 01954 230997 Email: enquiries@swaveseybadminton.net website: http://www.swaveseybadminton.net/
Swavesey Billiards and Snooker Club	For information/membership please contact Graeme Waites (01954 230113) Email graham.waites566@btinternet.com
Swavesey Camera Club	At Swavesey Camera Club we are proud to cater for photographers of all standards. For more information visit our website at www.swaveseycameraclub.co.uk . We meet every Thursday, 7.30 - 9.30pm, Lecture Room, SVC. Non-members welcome - £4 charge (first visit free). For further details please ring John Turner (01954) 202076.
Fenland Squash Club	Located at Swavesey Village College. Swavesey Fenland Squash Club offers team, league and friendly squash matches and has club nights, tournaments as well as racketball. For details contact Brian Chapman 07982 658614 Jamie Tuffee 07807 968768 Chris Ramsdale 07906 671340 Details of the club including contact details can be found at www.fenlandsquash.co.uk

Over Netball Club	We train on a Tuesday night 7pm till 8.30pm on the outdoor courts at Swavesey Village College. Small friendly club, play in CDNL local league, beginners/ everyone welcome. Cost £3 per session. Contact is Lindsay Foster - lindsayfoster001@gmail.com 01954 202070 or 07543 460725
Swavesey Community Choir	If you enjoy singing and having fun then come and join Swavesey Community Choir. We meet every Wednesday in term time in St. Cecilia's Hall at SVC, from 7.30pm - 9pm. You don't need to be able to read music and no auditions needed, tenor and bass voices particularly welcome. For further details contact Chrissie Richardson 07881 824095. Website: www.swaveseycommunitychoir.co.uk
Swavesey District Bridleway Association	A liaison group representing local horse riders whose main aim is to protect existing and create safe new horse riding links between all local villages. New members welcome. Regular Newsletter/Social events calendar. Please contact Sue Rogers (01954) 232758
Swavesey & District History Society	Meet every third Tuesday in the month, 7.30pm, Global Resources Centre, SVC. Contact Carolyn Redmayne, Secretary (01954) 230037
Swavesey Institute Football Club	New players always welcome, please contact Phil Baines on 01954 200377 [Saturday sides] or Jerry Ladell on (01954) 201018 [Veterans side].
Linedance	Linedance classes held on Wednesday mornings at the Bethel Baptist Church 9-30 to 11-30 am. Beginners always welcome. Contact Deborah Walker 01954231382 Email deborahwalker105@talktalk.net
Swavesey & Over Conservation Society	Meet at Bethel Baptist Church, Middlewatch Swavesey CB24 4RP commencing at 7.30pm unless otherwise stated If you need a lift: PHONE: Trevor Grange-01954 230119 or Pat Miles-01954 780485 GUESTS ARE ALWAYS WELCOME!
Swavesey & Over Tennis Club	Club night 1 October to 1 April is on Monday, 7.00 to 9.00pm. From 1 April - 30 September there will be club nights on both Mondays and Wednesdays. We welcome new members from anywhere in the locality. Further information from s.taylor996@btinternet.com swaveseyandovertennisclub.btck.co.uk
Swavesey RADsOc	Friendly local drama group staging two or three productions a year. New members always welcome. Contact: Nathalie Balzano: nathaliewoodward@hotmail.com Visit our website at www.swaveseyradsoc.org.uk .
Swavesey Ramblers	Meet last Sunday of every month 10.00am in the Market Street for 5-6 mile walk. Tel 230650 and speak to Glynn & Sue Jones for more information
Swavesey Speakers	Develop your public speaking skills at this Toastmasters International club. Guests welcome! 1 st & 3 rd Tuesday of every month at the Memorial Hall from 7pm to 9pm (occasional venue change). More details: www.swaveseyspeakers.toastmastersclubs.org or call/text Faye on 07908 443610.
Swavesey W.I.	We meet every second Monday of the month at 7.30pm in the Memorial Hall. New members are always welcome to enjoy a variety of invited speakers and have a chat and cup of tea/coffee afterwards. For further information contact Linda Saunders (01954) 201162

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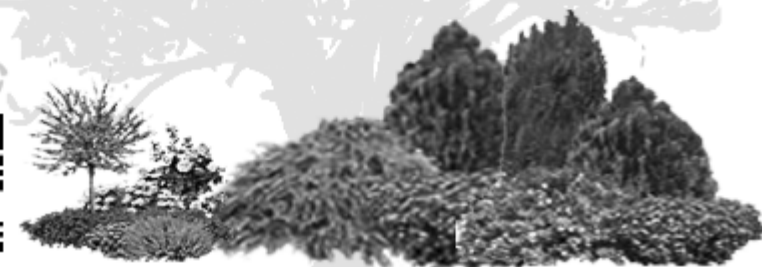
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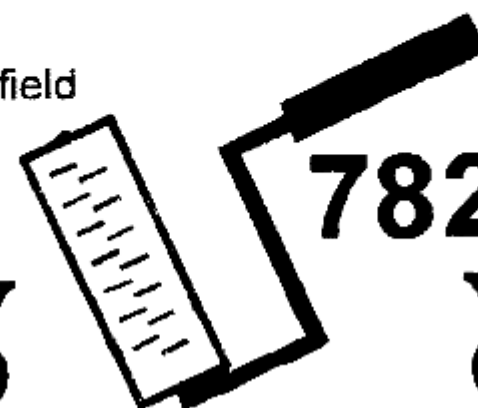
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The Foot Care Clinic Willingham

Casey set up the foot care clinic Willingham in January 2015, and the clinic is going from strength to strength. Currently operating on a Monday morning and hopefully adding a Wednesday morning from September. Casey and her husband Kaseem also have clinics in St. Ives and Warboys.

Mrs Casey A. Javed BSc (Hons) Podiatry, SRCh, MChS.

Casey qualified in 2001 from University College Northampton with a Bachelor of Science Honours degree in podiatry. She worked for the NHS gaining experience in diabetes care, rheumatology, biomechanics and nail surgery, before moving to the private sector and working for Boots Healthcare. For the past 7 years she has been practice manager for St. Ives Chiropody & Podiatry, although she is now also working as a practising podiatrist for the clinic and also doing home visits. She is married, with 3 children and enjoys running in her spare time, having completed several 10k races and a half marathon. Casey takes your foot health very seriously, and at The Foot Care Clinic Willingham each and every foot condition is treated empathically and in confidence to keep you pain free and mobile.

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NOTIFICATION OF MAJOR EVENTS

Please use this form to notify us of any major events you are organising so that we can publish the dates in the magazine and on the website at www.swaveseymeridian.org.uk. It is hoped this will avoid major events clashing on the same day. Please send to the Editor, 14 Black Horse Lane, Swavesey.

Event _____

Location _____ Date _____ Time _____

Contact Name _____ Tel No. _____

BIRTHDAYS, ANNIVERSARIES & SPECIAL OCCASIONS

If you would like to mark any occasion that is special to you or somebody that you know by announcing it in this magazine, please fill in the form below.

Also supply your name and contact details, and return to the Editor by the copy date. We will endeavour to include it in our next issue.

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